

# WHAT IS HARASSMENT?

HARASSMENT TAKES MANY FORMS.

## SOME EXAMPLES INCLUDE:



SEXUAL HARASSMENT



ONLINE HARASSMENT



STALKING



BULLYING

FOR MORE DETAILS ON WHAT AMOUNTS TO HARASSMENT, YOU CAN REFER TO THE PROTECTION FROM HARASSMENT ACT 2014 WHICH CAN BE FOUND AT [STATUTES.AGC.GOV.SG](http://STATUTES.AGC.GOV.SG)

# HOW CAN YOU DEAL WITH HARASSMENT?



## PROTECT YOURSELF

- CALMLY AND FIRMLY TELL THE HARASSER TO STOP
- BREAK OFF ALL CONTACT WITH THE HARASSER
- PROTECT YOUR PERSONAL SAFETY AND INFORMATION



## GET HELP

- FAMILY AND FRIENDS
- RELIGIOUS OR COMMUNITY LEADERS
- AUTHORITIES IN SCHOOL OR WORKPLACE
- SOCIAL ORGANISATIONS SUCH AS ASSOCIATION OF WOMEN FOR ACTION AND RESEARCH, AND COALITION AGAINST BULLYING FOR CHILDREN AND YOUTH
- MEDIATION AT THE COMMUNITY MEDIATION CENTRE



## LEGAL OPTIONS

- APPLY FOR A PROTECTION ORDER
- SUE FOR DAMAGES
- MAKE A POLICE REPORT OR MAGISTRATE'S COMPLAINT

CONSIDER GETTING A LAWYER TO ADVISE YOU FIRST. IF YOU HAVE FINANCIAL DIFFICULTIES, YOU MAY BE ELIGIBLE FOR LEGAL AID. YOU MAY APPROACH THE LEGAL AID BUREAU FOR MORE INFORMATION.

## MORE INFORMATION

ASSOCIATION OF WOMEN FOR ACTION AND RESEARCH  
[WWW.SACC.SG](http://WWW.SACC.SG) OR 6779 0282

LEGAL AID BUREAU  
[WWW.MLAW.GOV.SG/LAB](http://WWW.MLAW.GOV.SG/LAB) OR 1800 225 5529

COALITION AGAINST BULLYING FOR CHILDREN AND YOUTH  
[WWW.CABCY.ORG.SG](http://WWW.CABCY.ORG.SG) OR 6223 3122

SINGAPORE POLICE FORCE  
[WWW.POLICE.GOV.SG](http://WWW.POLICE.GOV.SG) OR 1800 255 0000

COMMUNITY MEDIATION CENTRE  
[WWW.MLAW.GOV.SG/CMC](http://WWW.MLAW.GOV.SG/CMC) OR 1800 225 5529

STATE COURTS  
[WWW.STATECOURTS.GOV.SG](http://WWW.STATECOURTS.GOV.SG) OR 1800 587 8423